

Contact information

Full name: _____

Phone: _____ Email: _____

Pastoral Counseling Policy

1. I am not a Licensed Professional Counselor, Psychologist, or Psychiatrist. I am a Pastoral Counselor who will use the Word of God as my text, the Holy Spirit as my guide, and Jesus Christ as my model. This Pastoral Counseling Office comes under the leadership of FBC Texarkana. Counselees are encouraged to be active participants in the church.
2. After the initial appointment, if the Pastoral Counselor determines that the counselee will benefit from a guided study, it is the counselee's responsibility to pay for the materials required to continue the counseling therapy. There is a suggested donation of \$20 per session.
3. This is short-term, solution-focused, bible-based counseling (not long-term therapy). This method is not designed to exceed 8 sessions.
4. Please call if wanting to schedule an appointment for a child. We will evaluate each situation on a case-by-case basis.
5. Homework assignments can be given before and/or after each session. Completing outside assignments is vital to your future spiritual and emotional health.
6. Non-members will need a referral from a FBC Pastor for an initial appointment and a different referral if **any** session is missed concerning the initial referral.
7. Members and non-members who miss 3 sessions will be given a referral, if possible. Not showing, canceling the day of the appointment, or continuously rescheduling are considered missed appointments.
8. All notes made in session belong to the Church/Counselor

I have read the Pastoral Counseling Policy and agree to adhere to it.

(Signature)

(Date)